



VEILIG  
THUIS

Zeeland

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**Veilig Thuis is the national advice and reporting centre for domestic violence and child abuse.** Veilig Thuis provides support to children, young people, adults and the elderly. Whether you are a victim yourself, know someone who is, or if you are a perpetrator using violence, Veilig Thuis is available to help. Anyone seeking help or concerned about someone else can contact Veilig Thuis, even if they are unsure about the situation, for example, if someone suspects that adults or children are not safe. Professionals can also contact Veilig Thuis for advice or to report concerns.

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### What is domestic violence?

Domestic violence is physical or verbal abuse committed by someone in the victim's family or household. The term "domestic" refers to the relationship between the perpetrator and the victim, such as (ex-)partners, family, or household members, not the location where the abuse occurs. It is therefore also known as violence in dependent relationships.

### What is child abuse?

Child abuse involves any form of harmful or violent interaction—physical, psychological, or sexual—directed toward a minor by parents or others in positions of authority or care. This can cause, or threaten to cause, serious physical or emotional harm to the child.



### Examples of domestic violence and child abuse

Domestic violence and child abuse can take many forms and occur across all ages and cultures. It is important to seek help, as violence rarely stops on its own. Many cases are long-standing issues that cannot be resolved without intervention.

- **Physical violence:** Hitting, kicking, restraining, or other forms of physical harm.
- **Sexual violence:** Unwanted touching or sex, blackmail via social media or forced sex in exchange for money.
- **Emotional abuse:** Insults, humiliation, threats, destruction of belongings or preventing someone from making their own choices or from having contact with others.
- **Neglect:** Depriving someone of care, food, clothing and emotional support.
- **Financial exploitation:** Taking someone's money or possessions.
- **Honour-related violence:** Violence based on the belief that family honour has been damaged and needs to be restored, including forced marriages, restrictions on divorce or abandonment.
- **Witnessing domestic violence:** When children witness violence in their family, this also constitutes child abuse.
- **Stalking:** Repeated harassment that makes someone feel unsafe.

## What does Veilig Thuis do?

Veilig Thuis offers advice and support, receives reports, provides referrals, or conducts its own investigations to determine what is needed to make unsafe home situations safe again. In emergencies, Veilig Thuis takes immediate action. While Veilig Thuis prefers to work cooperatively with those involved, it can take action without consent if necessary for safety.

## What happens when you call for advice?

After providing your contact details and specifying a time for a callback, a staff member will listen carefully to your story. You can share your concerns and ask questions. Together with you, the staff member will assess the situation, answer your questions, and provide advice.

## What happens when you file a report?

In serious cases, you may choose to file a report, either with your information or anonymously. The staff member will discuss the options with you. Veilig Thuis will conduct a safety assessment based on the report and determine the steps needed to restore safety.

## How can I find a Veilig Thuis organisation near me?

Veilig Thuis organisations are located throughout the Netherlands. You can reach them through the national helpline at **0800-2000 (free of charge)**. After stating your location or the location of the person you are concerned about, you will be connected to the relevant Veilig Thuis organisation. You can also visit the websites [www.veiligthuis.nl](http://www.veiligthuis.nl) or [www.veiligthuiszeeland.nl](http://www.veiligthuiszeeland.nl).





**Zeeland**

 **In case of immediate danger, call 112**

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**Veilig Thuis is available 24/7**

Call the free number

**0800 - 2000**

**anytime, or chat anonymously** for advice  
via [veiligthuiszeeland.nl](https://veiligthuiszeeland.nl) (available from 9 AM to 5 PM).

**You can also send an e-mail** to  
[info@veiligthuiszeeland.nl](mailto:info@veiligthuiszeeland.nl)

Or visit

**Westwal 37**, 4461 CM Goes (Route)

### **More information?**

For further details, visit [www.veiligthuis.nl](https://www.veiligthuis.nl) or  
[www.veiligthuiszeeland.nl](https://www.veiligthuiszeeland.nl), where you can  
find more information on a range of topics.